

# A MESSAGE FROM OUR PRESIDENT

### Welcome to LEAF's Annual Guide to Canada's Greenest Restaurants.

In past years, we have released this guide on Earth Day. This year, Earth Day was quite different, and overshadowed by Covid-19. Many of our members are facing unprecedented challenges, and forced to close or significantly change how they operate. In view of this, we delayed the release of this guide until we better understood the current situation.

2019-20 was an incredibly exciting year for LEAF, with another great year at the RC Show and an expansion into the E.U. With the upcoming launch of our <u>Sustainable Foodservice Professional program</u>, we are looking forward to empowering individuals and companies with important sustainability knowledge that will positively impact their work in the industry. 2020 also marks LEAF's 10th year in operation, and something that we are incredibly proud of.

Now, in the midst of a pandemic, many have found time to reflect more meaningfully on our connections to each other and the planet. We saw the lowest emissions levels in decades, and heard stories of wildlife returning to areas they had long abandoned. As we get back to business and move into our "new normal" for 2020-2021, my hope is that we take the learnings with us, and continue

to prioritize the health of each other and our planet in future decisions.

Now more than ever, we want to celebrate the incredible sustainability efforts and successes of our members and support our local businesses and sustainable foodservice industry. As we each find ourselves spending more time at home, we encourage you to visit our members' websites and support them however possible. As we move forward, LEAF will be here to support the industry as best we can. We hope you'll join us.

Janine Windsor
President & Founder





# **ABOUT LEAF**

**LEAFME.ORG** @LEAF\_CANADA

Since 2009, our program has worked with more than 100 restaurants, cafes, and food trucks to help reduce the environmental impact of the Canadian foodservice industry.

We make it easy for diners to find green dining options, and champion sustainable foodservice practices. LEAF is the only national non-profit foodservice certification of its kind. LEAF Certification offers accreditation to restaurants demonstrating efforts in environmental and sustainable foodservice practices, across our 10 key areas of sustainability.

# 10 KEY AREAS OF SUSTAINABILITY

- 1. Food purchasing & menu items
- 2. Supplies
- 3. Energy
- 4. Water
- 5. Building and location
- 6. Furnishing and decorative items
- 7. Chemicals
- 8. Waste and recycling
- 9. Employees
- 10. Policy and innovation

### **CERTIFICATION LEVELS**

LEVEL 1 / The facility meets the minimum requirements for certification with LEAF, and has made a positive attempt to become an environmentally-friendly foodservice establishment.

**CAFE CERTIFICATION** / Same criteria as Level 1.

LEVEL 2 / The facility meets above the minimum criteria required for certification with LEAF, and has proven to be committed to reducing the impact of the facility on the planet. The facility is well on its way to reaching top level status for sustainable foodservice.

LEVEL 3 / The facility has reached the top level of environmental sustainability. The facility makes a continuous effort to reduce the environmental impact, and contributes above and beyond that of other facilities to provide the most sustainable foodservice experience to its patrons.





# **LEAF AWARDS 2020**

On March 3rd, the 3rd annual LEAF awards were handed out at the Restaurants Canada Show in Toronto.

LEAF hosted sustainability workshops to educate attendees how to work towards zero waste and participated in a panel discussion about Planet & profits: Sustainable solutions for your business.

We thank all of the applicants to the 2020 LEAF Awards, and are proud of all of our LEAF-certified members that operate with sustainability in mind everyday. We applaud your commitment to the environment and your customers!

Winners on the following page





## **GREENEST CAFE**

### Balzac's Coffee Roasters Across Ontario

LEAF works with all types of facilities from small cafes to chain restaurants and campus food services. This award recognizes a café that has demonstrated their commitment to sustainability since 1996 when they opened their very first café. Their business philosophy is Local, Natural, Sustainable and Artisanal and they have stayed true to this over the decades. They have sourced an eco-friendly Roaster, which reduces energy consumption and greenhouse gas emissions by up to 80% compared to a conventional Roaster. They also support a vast range of organizations that are devoted to environmental causes.



# **GREENEST RESTAURANT**

### **Maison Boire**

Granby, Quebec

In order to be eligible for this award, the finalists had to be Level 3 LEAF certified, which is our highest level. Maison Boire seeks self-sufficiency and makes everything from scratch. For example, they use cloth towels instead paper and wash them with laundry

detergent made out of ashes from their firewood stoves. Their innovative and forward thinking towards a zero waste restaurant has earned them the title of Greenest Restaurant 2020.

# GREENEST RESTAURANT OVER 10K SQUARE FEET

# **Diversity Food services Winnipeg, Manitoba**

Diversity is a second-time winner in this category, first winning the title in 2018. First LEAF certified in 2014, this business is committed to sustainability and continually looking for new ways to reduce their carbon footprint in all of their business areas.



### **ECO-INNOVATOR**

# The Gladstone Hotel Toronto, Ontario

The Eco-Innovator award was open to any restaurant or foodservice facility in Canada that has demonstrated innovative solutions to sustainable challenges or raised the bar for the industry. The Gladstone Hotel has established itself as an industry leader in sustainable hotel practices, creating a

new norm through commitment to using sustainable products, dramatically reducing consumption, recycling and composting waste. From the tops of their green roofs to the fields of their local food-providers, they are revolutionizing the hospitality model.





# **ALBERTA**

4 NINES CAFETERIA / Level 2

Calgary, SAIT Polytechnic

sait.ca

BANFF BALKAN / Level 2

Banff

banffbalkan.ca

**CAFFE BEANO / Certified Cafe** 

Calgary

caffebeano.ca

CALGARY ZOO / Level 2

Calgary

calgaryzoo.com

**CHEEZY BIZNESS / Certified Food Truck** 

Calgary

cheezybizness.com

**COMMUNITY CAFE / Level 2** 

Calgary

communitynaturalfoods.com

**CRAFT BEER MARKET / Level 1** 

Calgary

craftbeermarket.ca

**CRAFT BEER MARKET / Level 1** 

Calgary South Centre Mall

<u>craftbeermarket.ca</u>

**CRAFT BEER MARKET / Level 2** 

Edmonton

craftbeermarket.ca

FIASCO CAFE / Certified Cafe

Calgary

fiascogelato.ca

FIASCO GELATO / Certified Food Truck

Calgary

fiascogelato.ca

**HIGHWOOD RESTAURANT** / Level 2

Calgary, SAIT Polytechnic

sait.ca

MOUNTAIN MERCATO / Certified Cafe

Canmore

mountainmercato.com

**ODYSSEY CAFE / Level 2** 

Calgary

saitsa.ca/odyssey-coffeehouse

RIVER CAFÉ / Level 3

Calgary

river-cafe.com

SAIT POLYTECHNIC SCHOOL OF HOSPITALITY & TOURISM / Level 2

Calgary

sait.ca

TAIKO TACO / Certified Food Truck

Calgary

taikotaco.com

THE COUP / Level 3

Calgary thecoup.ca

UNA PIZZA + WINE / Level 2

Calgary

unapizzeria.com



CRAFT BEER MARKET / Level 2

Vancouver <u>craftbeermarket.ca</u>

**CRAFT BEER MARKET** / Level 2

Kelowna craftbeermarket.ca

**BLUE SPRUCE ICE CREAM** / Level 1

Comox Valley bluespruceicecream.com

**BRAVOCADOS** / Level 2

Tofino instagram.com/bravocados tofino

GRASSROOTS CAFE -KWANTLEN COLLEGE / Level 2 Surrey

kpu.ca

LOCALS RESTAURANT - FOOD FROM THE HEART OF THE ISLAND / Level 3

Courtenay <u>localscomoxvalley.com</u>

R & B BREWING / Level 1

Vancouver randbbrewing.com



### **CLUB REGENT CASINO / Level 1**

Winnipeg casinosofwinnipeg.com

### **DEGREES / Level 3**

Winnipeg, University of Manitoba umsu.ca/degrees

### **ELEMENTS, DIVERSITY FOOD**

**SERVICES** / Level 2

Winnipeg, University of Winnipeg diversityfoodservices.com

### MCPHILIPS STATION CASINO / Level 1

Winnipeg casinosofwinnipeg.com

### **NUBURGER** / Level 2

Winnipeg <u>ilovenuburger.com</u>

### PANGEA'S KITCHEN, DIVERSITY FOOD

SERVICES / Level 1

Winnipeg, University of Winnipeg diversityfoodservices.com

### THE MALECÓN, DIVERSITY FOOD

SERVICES / Level 1

Winnipeg, University of Winnipeg diversityfoodservices.com

# **ONTARIO**

360 RESTAURANT AT THE CN TOWER /

In Progress Toronto cntower.ca

BALZAC'S COFFEE ROASTERS / Certified Cafe

Guelph balzacs.com

BALZAC'S COFFEE
ROASTERS / Certified Cafe

Kingston balzacs.com

BALZAC'S COFFEE ROASTERS / Certified Cafe

Kitchener balzacs.com

BALZAC'S COFFEE ROASTERS / Certified Cafe Niagara on the Lake

balzacs.com

BALZAC'S COFFEE ROASTERS / Certified Cafe St. Catharines

BALZAC'S COFFEE ROASTERS / Certified Cafe Stratford

balzacs.com

balzacs.com

BALZAC'S COFFEE ROASTERS / Certified Cafe Toronto (7 locations)

balzacs.com

BALZAC'S COFFEE ROASTERS / Certified Cafe

Waterloo balzacs.com BEAVER VALLEY SKI CLUB / Level 2

Markdale beavervalley.ca

**CAFE BELONG / Level 3** 

Toronto cafebelong.ca

CAFÉTÉRIA / Level 3

Ottawa, La Cité campus d'Ottawa coopsco.com

**CRAFT BEER MARKET** / Level 2

Ottawa

craftbeermarket.ca

**CRAFT BEER MARKET / Level 1** 

Toronto craftbeermarket.ca

EARTH + CITY / Level 2

Toronto

earth-city.myshopify.com

GEORGE BROWN COLLEGE CENTRE FOR HOSPITALITY & CULINARY ARTS / Level 2

Toronto georgebrown.ca

GUSTO 54 - COMMISSARY & CATERING / Level 1

Toronto gusto54.com

**HEARTY CATERING** / Level 2

North York

heartycatering.com

LE CAFÉ / Cafe Certification

Toronto cntower.ca



LE SELECT BISTRO / Level 1

Toronto leselect.com

NO BULL BURGERS / Level 1

Toronto

Nobullburgers.ca

PJ'S RESTAURANT IN THE ATRIUM /

Level 2 Guelph

uoguelph.ca/pjs

**RADICAL GARDENS** / Level 2

**Timmins** 

radicalgardens.com

**ROSALINDA** / Level 1

Toronto

rosalindarestaurant.com/

THE CHEF'S HOUSE / Level 2

Toronto

thechefshouse.com

VUE BISTROS / Cafe Certification

Toronto

cntower.ca



# **QUEBEC**

BISTRO GARNEAU / Level 1 Coopsco F-X Garneau coopfxgarneau.com

**CAFÉ BISTRO** / Level 2 Coopsco St-Hyacinthe <u>coopsco.com</u>

CAFÉ CAUS / Level 2 Sherbrooke, Coopérative de l'Université de Sherbrooke coopsco.com

CAFÉ LE CAPHARNAÜM / Level 2 Montreal, Association coopérative des étudiants du collège Édouard-Montpetit coopsco.com

CAFÉ L'ESCALE / Level 2 Montreal, Coop Maisonneuve coopsco.com

**CAFÉTÉRIA** / Level 1 Valleyfield, Coopsco Valleyfield coopsco.com CAFÉTÉRIA / Level 1

Campus Gabrielle-Roy Cégep de l'Outaouais coopsco.com

CAFÉTÉRIA / Level 1

Campus Félix-Leclerc Cégep de l'Outaouais coopsco.com

**CAFÉTÉRIA** / Level 1 Gatineau, Polyvalente Mont-Bleu <u>coopsco.com</u>

CAFÉTÉRIA / Level 1 Coopsco Victoriaville coopsco.com

CAFÉTÉRIA / Level 2 Sherbrooke, Coopérative de Solidarité du Cégep de Sherbrooke coopsco.com

CAFÉTÉRIA / Level 2 Coopsco St-Hyacinthe coopsco.com CAFÉTÉRIA / Level 1 Coopsco Ste-Foy coopsco.com

CAFÉTÉRIA / Level 1 Coopsco Chicoutimi coopsco.com

CAFÉTÉRIA / Level 1 Coopsco Collège d'Alma coopsco.com

**CAFÉTÉRIA** / Level 2 Coopsco Lapocatière <u>coopsco.com</u>

CAFÉTÉRIA / Level 1 Coopsco Rivière-Du Loup coopsco.com

CAFÉTÉRIA / Level 1 Coopsco Rimouski coopsco.com CAFÉTÉRIA DECELLES / Level 2

Coop HEC Montréal coophec.ca

CAFÉTÉRIA PRINCIPALE / Level 2

Coop HEC Montréal coophec.ca

CASSE-CROÛTE BOUCHE-TROU /

Level 2 Coopsco Lapocatière <u>coopsco.com</u>

CEGEP de Saint-Jérôme / Level 2

Saint-Jérôme

cstj.qc.ca/services-au-grand-public/ cafeteria/ CHIC ALORS! / Level 3

Québec chic-alors.com

**DÉLICES DU TERROIR - TRAITEUR /** 

Level 2 Montreal delicesduterroir.com

INSTITUT DE TOURISME ET D'HÔTELLERIE / Level 2

Montreal

ithq.qc.ca/en/institute/

MAISON BOIRE / Level 3

Granby

maisonboire.com

**LE BISTRO** / Level 2 Coopérative de Solidarité du Cégep de Sherbrooke

coopsco.com

**LEMÉAC** / Level 2

Montreal

restaurantlemeac.com

**RESTAURANT LE CERCLE / Level 2** 

Coop HEC Montréal

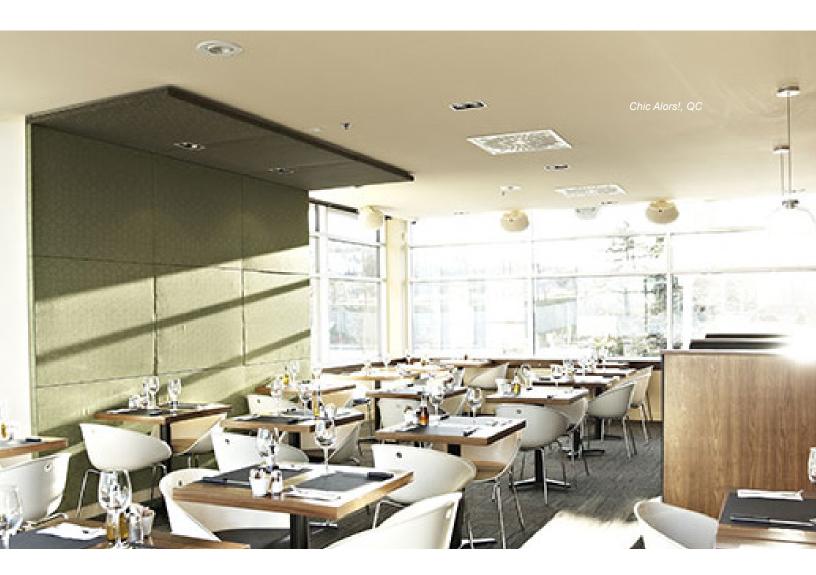
coophec.ca

**SERVICES ALIMENTAIRES** / Level 2

Coopsco Trois-Rivières au Collège

Shawinigan

coopsco.com





### **LEAFME.ORG** @LEAF\_CANADA